

Are you **BOLD** enough?

Hungry enough?

Adventurous enough?

READY enough ...

to

raise the frequency of your soul,

birth a new energetic system

& bring more **LOVE** into your life?!

If so...

PORTUGAL

5 days in the Algarve, Olhão MAY 6-11 2020



over-the-top offering

Antonia Albano & the sacred geometries of love,

world class sound weavers & yoga teacher.



Luxurious private home a few blocks from waterfront;

lunch on an island beach, huge waterfront market

& high frequency new friends!!

antoniaalbano2020@gmail.com 540.461.1401

www.casafuzetta.com (location of Retreat)

Information & Rates



...Birthing the New Human & the Next Octave of Love

with Antonia Albano & the Geometries of Love,
Gabriella Kapfer, Heather Cowen & Sanne Theben Terville

A fun, informative and experiential immersion into Sacred Geometry and what is being called the Next Octave of Love, the Next Octave of Human. * What is Sacred Geometry? * What is Conscious Creation? * What are the *Geometries of Love* and what do these have to do with Conscious Evolution?

Antonia Albano (www.AntoniaAlbano.com/our-story) will share the Alchemy of Sacred Geometry as pertaining to the *Geometries of Love* and will offer insights into the Next Octave of Human guiding us to embrace a new 'high-tech' energetic system capable of taking the New Human into and through this next Age. Throughout these 5 days this birthing will be assisted and co-created with world class sound masters **Gabriella Kapfer** and **Heather Cowen**, who are truly vibrational magicians (www.ResoundingEarth.com) weaving sound into coherent fields of possibility. And, through yoga/body movement and mudras with a skilled yogini, **Sanne Theben Terville** (www.SanneLovesYoga.com), we will further anchor these high vibrations into our new body template.

This is truly a one-of-a-kind, high vibrational, super charged gathering in a unique venue and an auspicious, historic, geographic position in Portugal.

ALL-INCLUSIVE 5 day Package \$1888

All teaching programs, all sound weaving and all yoga/body movement gatherings; top-of-the-line shared room lodging; local sourced organic gourmet brunches and dinners; an excursion by water taxi to lunch at a island beach restaurant; a morning in the waterfront marketplace; all amenities at Casa Fuzetta ie roof terrace infinity pool. Accommodations provided at Casa Fuzetta for those who willing to share luxurious rooms: **Shared Occupancy \$1888.**

Single Occupancy \$1237 (plus local hotel or B&B): all time and meals with group.

****DISCOUNTED RATE FULLY PAID BY JANUARY 31st LESS \$222 (Fuzetta shared); LESS \$111 off-site private lodging**

All costs are payable upon registration. Cancellation by April 1: partial refund

Further Details: TBA Airfare & transport to & from Casa Fuzetta not included

Registration & Questions: antoniaalbano2020@gmail.com +1 540.461.1401

Venue: www.CasaFuzetta.com Olhão, Algarve, Portugal

The Alchemy of the Sacred Geometries of Love, a re-structuring of your energetic system, high vibrational souls... Expect to be amazed!

MEET YOUR FACILITATORS



Antonia Albano

Antonia has facilitated workshops, seminars & retreats in expanding human consciousness since 1991. She is the founder of the World Love Project™, Virginia's annual Celebration of Love festival & the Healing Resonance Council™. Antonia was co-founder & Director of the California Institute for Mind-Body Awareness (C.I.M.B.A.) in Northern California where she had a private practice as an Integrative Therapist, Transformation Coach & Spiritual Mentor. Since 2004 to present she has brought forth the new living geometric technology systems called the **Geometries of Love...** and **The Unified Field System of LOVE** for this new millennium. In addition, to assist us in our Human & Love Evolution, Antonia has been guided to a 'high tech' designed energy system capable of taking humanity on this Next Octave of Human evolutionary journey.



[Gabriella Kapfer](#)



[Gabriella & Heather in Callenish](#)



[Heather Cowen](#)

'Heather and Gabriella are vibrational magicians:

In various ways they work with the consciousness of the Earth – resounding the Earth, through the weaving of sound into coherent fields of possibility, through the crafting of metal instruments in conscious co-creation with the elements including the metals themselves, through journeys and classes.

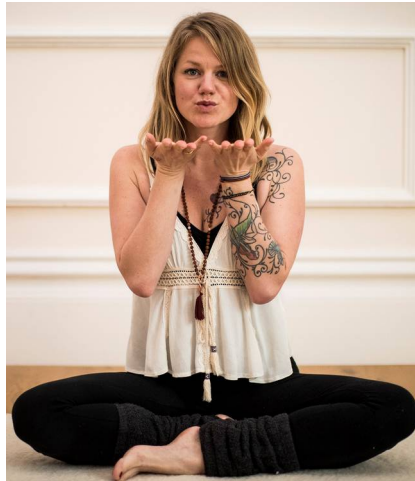
Gabriella and Heather both came from a classical music background and both changed direction through experiences with nature. Using their skills and sensitivities they allow the spirit of place and time and all of those present to inspire and inform the soundscape that is woven. Their work with individuals, groups and land has facilitated change, greater awareness and possibilities, relaxation, release and healing.

Their music facilitates an opportunity to drop into the power and beauty of stillness and the mystery of creation. With a wide range of musical instruments like cello, zither, flutes with metal sound instruments, singing bowls, gongs, tubular bells hand crafted by Heather and Gabriella in their own forge the duo weaves music that opens mind body and soul, relaxes and creates coherence – allowing listeners to come into greater harmony.

One tone can open to multidimensional ranges of frequency – expanding the listener to a new depth of experience that includes silence and stillness within the vastness of sound...

Where words fall short... sound continues'

And... also the beauty-full yogini ...



[Sanne Theben Terville](#)

Sanne Theben Terville is an international yoga & meditation teacher from the Netherlands based in Faro - Portugal. She has been practicing yoga and meditation with passion and whole heartedness from an early age. She aims to share the inner peace, physical balance and, above all, the pure love that the authentic forms of yoga, meditation and massage give her with as many people as possible, in which she is guided by her heart energy and trusts her intuition.

She is grateful to be able to offer people physical, emotional and psychological relaxation and holistic healing through classes, workshops, coaching and therapy. She feels what is needed in the moment, what has been created and what can be created... and what she can do for others. With her gentle voice she takes beautiful souls on a journey inwards, an open space where they can be themselves, let everything go and heal... creating the space to surrender to relaxation.

Sanne is the resident yoga teacher at Casa Fuzetta, among others, where she organizes wholesome retreats and event with inspiring themes. Sanne strives to incorporate aspects of many yoga styles, mindfulness and meditation in her teachings. If needed or desired, she also uses massage or a soft manual touch as a part of the yoga practice. Her yoga style is suitable for everyone, is never the same - improvised - and is mostly based on Yin Yang movements to achieve balance and groundedness. Yin Yang yoga blends two styles of yoga into one practice - bringing together the benefits of passively holding yoga poses with more dynamic sequences and standing postures. Sanne also provides yoga massage and Reiki, which can be booked separately.

A dynamite team of experienced co-creators, large vision holders, teachers & believers in a magnificent vision of our future! Will you join us for an out-of-this-world journey to the stars & back into the deepest part of YOU... the magnificence & radiance of YOU!!

The invitation is extended...

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Gabriella Kapfer gabriellasongbird@gmail.com
Heather Cowen heather.resoundingearth@outlook.com
Sanne Theben Terville info@sannelovesyoga.com